

## Pet Quality of Life Scale

Consider the following aspects of your pet's everyday life to assess their overall condition. You may want to chart the results over the course of several days or periodically to watch for a trend. Use the numbers below to grade each aspect, and then add the numbers for the daily total.

### Activity

- 2 Normal Activity – No difficulty getting around
- 1 Poor Activity – difficulty getting up, having trouble going potty or using the litter box, may require pain medication
- 0 Minimal Activity – Needs assistance, pain medications do not help, or stays in the same place or position for most of the day

### Playfulness

- 2 Normal – Still enjoys favorite things (such as toys)
- 1 Decrease – Still enjoys favorite things, but not as frequently
- 0 No interest in their favorite things

### Interaction / Attitude

- 2 Interacts normally with family and other pets
- 1 Some interaction with family and other pets
- 0 Avoids interaction and/or hides from family and other pets

### Elimination

- 2 Normal urination and/or defecation
- 1 Reduced/Irregular urination and/or defecation
- 0 None or cannot get up to urinate or defecate

### Appetite

- 2 Eating well/normal
- 1 Not eating as much and/or requires coaxing
- 0 Not eating and/or refusing food completely; losing large amount of weight

### Hydration

- 2 Normal drinking
- 1 Drinking habits have changed (either increased OR decreased in amount)
- 0 Requires intervention (such as subcutaneous fluids)

### Results:

- 12 - 9 Everything is okay, continue to monitor periodically
- 6 - 8 Requires intervention, talk with your veterinarian.
- 5 or less Consider humane euthanasia, talk with your veterinarian.

Remember, this is one of the most, if not, the most important decisions you will make for your pet. It is very difficult; however, you need to have the courage and not be selfish in making this decision. We, as humans, do our best and only out of love, when we determine that they are in continuous pain or suffering and it is time to let them go in peace. Please feel free to call and discuss any concerns you may have with us.

